

Tall Pines Tidings

Dates to Remember



November

- 1 Tuition due. Late after the 10th.
- 4 Board Meeting 6:30 pm at school
- 6 & 7 Leaf Walk in Pioneer Park, Nevada City. 9:30 to 11:30
- 11 No school -- Veterans' Day.
- 13 SVC/CCPPNS Meeting in Roseville at 6 pm
- 14 Take Out for Tall Pines 5-9 pm. Exact locations TBA. Look for flyer!
- 15 Original Artwork orders due.
- 21 **General Meeting 7 pm at school. Topic: Power Struggles.**
- 27-29 No school -Thanksgiving Holiday. HAPPY THANKSGIVING to all!

December

- 2 December dues are due - late after the 10th. late fee applies.
- 2 Return to school
- 4 & 5 **"A Tall Pines Christmas": Singing Program 6:00 - 7:30 pm.** Please bring food to share: hors d'oeuvres or a dessert (Please make enough for about 20 people).
Here is the schedule:
Mon/Wed AM. classes & the PT-I class come Dec 4th. 6 pm sharp! Be early!
Tue/Thu A.M. Mon/Wed P.M. & PT-II class come Dec 6th. 6 pm sharp! Be early!
6:00 pm Sing - Practice at home! (see songs included)
6:15 - 7pm Share hors d'oeuvres and desserts. enjoy visiting with each other.
- 9 & 10 Santa visits Tall Pines!
- 9 Board Meeting 6 pm. location TBD
- 18 & 19 M/W. T/Th Christmas Celebrations in the classroom
- 20 PT I and PT II Christmas celebration in the classroom.
- Dec. 23 - Jan. 3 Christmas-Winter Break - no school.
- Jan 6 Back to school

Tall Pines Tidings

Kids are Cooking in November !

November dates

- 6 & 7 9:30- 11:30 Leaf Walk in Pioneer Park Nevada City. Pack a lunch & drink
Look for info in your cubbies soon! A Wonderful Not-To-Be-Missed Experience!
- 13 & 14 Thumbprint Pumpkin Pies
- 15 PT-I and PT-II Thanksgiving Feast in class.
- 25 & 26 A.M. and P.M. classes Thanksgiving Feast in class.
"Stone Soup": Everyone brings a vegetable. We chop it, cook it at school. Sign up
for other menu items for our Feast. Look for sign-ups starting Nov. 13th.

President's Message

Happy Thanksgiving!

As fall is upon us, and Halloween behind us, we get to look forward to the dedicated time of giving thanks for our many blessings and gifts. While Thanksgiving is a lovely time to be with family and friends and indulge in our favorite foods, it's also a time to ask oneself, "What am I most thankful for in my life?" One of the items on my very long list is Tall Pines Nursery School...

When I think of Tall Pines, gratitude and love overflows my heart. Listening to the love and compassion Teacher Debby shares with our children, and with us, fills my heart with love and joy. Teacher Kelsey's tenderness, warmth, sweetness and loving way encourages the children, nurtures their creativity and helps them feel very safe. Teacher Michelle's love, enthusiasm, and genuine interest to help each child grow, and show a little bit more of themselves each day, is amazing to watch. We are so blessed to have such incredible teachers at Tall Pines. But let us also remember

Nicole in the Business Office who so tirelessly, and lovingly, devotes herself to making sure everything runs smoothly behind the scenes. I have overheard her many times talking to prospective Tall Pines families and her enthusiasm never dwindles! It is the love of our school that drives our teachers and Nicole, and our entire Board of Directors.

I am thankful for all of you, the parents, who also work tirelessly at Tall Pines to make it successful. You are appreciated and at this time of year, and always, I'd like to express my love, thanks and gratitude to you.

*Feel the magic in the air
and the power in the breeze
Feel the energy of the plants,
the bushes and the trees
Let yourself be surrounded
by nature at its best
Calm yourself, focus and let
nature do the rest*

-Author unknown

Wishing you the Happiest of Thanksgivings

♥ ~Jeanette

Tall Pines Tidings

Business Office

First of all I would like to welcome all of our new students and their families!! Tall Pines is a magical place, and I hope that you and your children enjoy your experiences here! Needless to say, October was a very busy month ~ with the addition of the Mon/Weds afternoon class, as well as adding students to various classes, you have kept me on my toes. 😊

While most classes are full, we do still have availability in the MW-PM and PT-II classes ~ so please let your friends know what a wonderful program we have here at Tall Pines!! As far as paperwork goes....thank you to those who have completed their files. However, there are still a handful of you who need to complete your paperwork....You know who you are... 😊

Please get them turned in ASAP, or at least tell me the date you'll have it completed ~ without these forms you will not be able to work in the classroom!

One final reminder that Tuition is due on the 1st. You are welcome to pay more than the monthly dues and I will credit that amount to your child's account. This can come in handy especially when February rolls around, and we pay May's Tuition at that time as well. If you have any questions, please don't hesitate to come see me ~ I'm happy to help!

I hope that you and your families all have a wonderful Thanksgiving Holiday!

❤️ ~Nicole



From Teacher Kelsey

The air has turned crisp, the sky is a brilliant blue, and the Marigolds are gone at the Fairgrounds... Sure signs that we are surrounded by Nevada County Fall in all its greatness! It has been such an exciting start to the year for me. It is magical to be back with the Tall Pines Family and I want to thank everyone for such an awesome start to the year!!!

As we get closer to one of my favorite Tall Pines activities, the leaf walk, I encourage you to begin conversations with your children about the many beautiful trees, leaves, and colors that we are surrounded by. Take a bag, go for a walk and collect some leaves. When you get home sort them by color, size, kind of tree, etc. This is a fun activity that will help prepare them for our upcoming classroom activities!

Happy Fall!!!!

❤️ ~Teacher Kelsey



Tall Pines Tidings

From the Fundraising Team

We are always grateful for the great families and support at Tall Pines. This November, we're feeling especially thankful for a strong start to the 2013-14 school year and to the families for their support of the many events and activities that go a long ways to supporting our school.

Next **Take Out for Tall Pines: Nov.14** 5-9 pm. Northridge Pizza (exact locations to be confirmed soon). Save the Date for great family fun!

Thanks to all who came out to our first BBQ and Movie Night and our first Take Out for Tall Pines last month at Round Table Pizza. Both events were a huge success and go a long way to supporting our school.



The Last Honest Pizza.™

686 Sutton Way (Glenbrook Basin)
(530) 273-6155

Thanks again Steve, for your support!

Both offered a fabulous time for parents to get to know each other outside of school hours and for kids to hang out with their friends. We would like to thank everyone who participated in helping set up and take down, for without your help it wouldn't be possible. Thank you to our bakers and our cooks, the food turned out amazing! We can't wait for our second BBQ and Movie Night, which will be in the Spring, and can't wait to see you all there too!

A huge Thank You to all our Tall Pines families for your amazing support with the fall bulbs

sale. We sold more packages of bulbs than our best-selling year and raked in a profit of \$1,770 all to support our wonderful school! Great job everyone! Your bulbs will be ready to take home in just a few more days and then it's time to plant them! Don't forget to get these beauties in the ground so you can enjoy all your efforts come spring.

Also this month, **Original Artwork** will begin. This fundraiser turns pieces of your children's masterpieces in to almost anything, from coffee cups, bags, to Christmas Ornaments and note cards. Teachers Debby, Michelle and Kelsey will do an original piece of work in class with the kids in early November. Those will go home in cubbies with order forms by Nov. 7 and will be **due back by Nov. 15**. If you prefer to do a piece of art with the kids yourself, or include more than one child in a piece of art, extra paper will be available on the easel near the office (we must use a certain type of paper for the process to be successful). These items make great presents for friends and family. They will be back in your cubbies just in time for Christmas.

If you have any questions or would like more information, please call or email Brett at (530) 263-6130 or brettandjude@yahoo.com.

♥ ~Monique, Katie and Brett



TALL PINES WEBSITE:
www.TallPinesNurserySchool.com

FACEBOOK:
Tall Pines Nursery School & Tall Pines Event Reminder

Tall Pines Tidings



Practice your Christmas songs!

Our Christmas showcase is just around the corner. "A Tall Pines Christmas" is your child's opportunity to sing to you, friends and family the songs that we will be practicing in class. We will be sharing food and joy, conversation and music on this most enjoyable evening: December 4th and 5th (see calendar) be early, for the children will sing at 6 pm sharp!!

Rudolph the Red-Nosed Reindeer

Rudolph the red-nosed reindeer
Had a very shiny nose
And if you ever saw it
You would even say it glows

All of the other reindeer
Used to laugh and call him names
They never let poor Rudolph
Play in any reindeer games

Then one foggy Christmas Eve
Santa came to say:
"Rudolph with your nose so bright,
Won't you guide my sleigh tonight?"

Then all the reindeer loved him
As they shouted out with glee.
"Rudolph the red-nosed reindeer,
You'll go down in history!"

We Wish You a Merry Christmas

The Snowman

Once there was a snowman,
a snowman, a snowman.
Once there was a snowman,
tall, tall, tall.

In the sun he melted, he melted, he melted.
In the sun he melted, small, small, small.

The Little Christmas Tree

One little Christmas Tree, standing all alone.
His heart was very sad, he didn't have a home.
Then CHOP went the axe, & down went the tree,
and away he went, with the happy family!

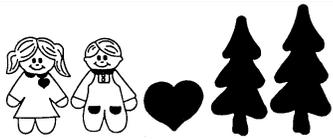
May There Always be Sunshine

May there always be sunshine.
May there always be blue skies.
May there always be (Mommies).
May there always be me.

**Repeat: insert Daddies, Families, Friends*

Jingle Bells

Jingle bells, jingle bells, jingle all the way!
Oh, what fun it is to ride
in a one horse open sleigh. HEY!
Jingle bells, jingle bells, jingle all the way!
Oh, what fun it is to ride
in a one horse open sleigh. HEY!
Dashing through the snow,
in a one horse open sleigh,
over the fields we go, laughing all the way!
Bells on bob-tail ring, making spirits bright.
What fun it is to ride and sing
a sleighing song tonight!
OoHHH. . .



Teacher Debby's Parent Pages

Play with me

**I tried to teach my child from books:
he gave me only puzzled looks.
I tried to teach my child with words:
they passed him by, oft unheard.
Despairingly I turned aside:
“How shall I teach this child?” I cried.
Into my hands he put the key:
“Come”, he said. “Play with me.”**

Author Unknown



10 Ways to Play in November

1. Set up a stuffed animal zoo or vet office. Make signs, tickets, prescriptions, and feeding schedules. Lead zoo tours or treat your patients with bandages, “medicine” and love!
2. Make structures with toothpicks and marshmallows.
3. Tell a story and have a grown-up write it down. Add some illustrations too!
4. Paint some card stock or watercolor paper. When dry, cut the paper into postcards and send note to friends and family.

5. Do a “sink” and “float” experiment.

6. Have a living room picnic!

7. Paint with unusual tools: a tree branch, toy cars, toothbrush, sponge, bath scrubbie, cookie cutters.

8. Make a single-color collage. Gather yarn, paper, buttons, crayons, paint, anything else in your special color. Grab some glue and start creating!

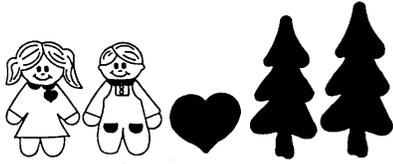
9. Try batting balloons around the room using your head, elbows, knees, or nose. Can you bat a balloon back and forth with a fly swatter?

10. How tall of a block tower can you build? How many blocks can you stack in one minute?

Happy Playing!

Power Struggles and How to Avoid Them

- ✦ Make sure your child gets plenty of sleep (they need 11-13 hours of sleep until age five).
- 🍏 Make sure your child is eating healthy. Always carry food and water.
- ✦ + Let your child help you. You don't have to show your love through doing everything for them.
- ✦ Let your child help her/himself. Can't tie shoes? Get slip-ons. Can't do buttons? Get snaps.



Teacher Debby's Parent Pages

↳ Always have something for them to do when you have to wait (paper, pens, book, plastic animals...) You can't ask them to wait and be patient with nothing to do: this is asking for trouble.

↳ Try a distraction when you don't like where things are headed.

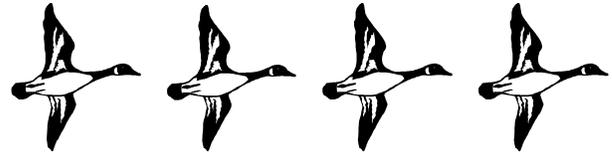
↳ Talk with your child about feelings: Give your child time to transition. Changing activities is hard. Give a warning when an activity is about to end. Be sure that "two minutes" really is two minutes when you give the warning.

↳ Let your child make simple choices. Offer 2 options "Do you want to wear your red shirt or your blue one?"

↳ Establish routines: Routines wash away questions. If he/she gets two stories before bed each night, it's never up for negotiation. Routines help children know what to expect. It helps them feel safe, secure and cared for.

↳ Use specific praise. A little praise is a far more powerful thing than negative discipline. "I loved how you cleaned your room!"

↳ Always tell your child what you want them to do -- not what you don't want them to do.



The Goose Story

This fall, when you see the geese heading south for the winter, flying along in a V formation, you might be interested to know what science has discovered about why they fly that way.

As each bird flaps its wings, it creates an uplift for the bird immediately following. So by flying in a V formation, the whole flock adds at least 71% greater flying range than a bird on its own. **Those who share a common direction and sense of community can accomplish more because they are traveling on the "draft" of one another.**

Whenever a goose falls out of formation it suddenly feels the drag and resistance of trying to go it alone, and quickly gets back into formation to take advantage of the lifting power of the bird immediately in front. **Our work is easier when we join with others headed in the same direction.**

When the lead goose gets tired, it rotates back in the wing, and another goose flies point. **Delegation and taking turns prevents burnout.**

The geese at the back of the formation constantly honk to encourage those up front to maintain their speed. Just like people!

Finally, and this is very important, when a goose gets sick or is wounded and drops from the sky, two other geese immediately fall out of formation and follow it down. Moreover they stay with their fallen companion until it is either dead or able to fly again. They launch out on their own again or with another formation to catch up with their group. **Perhaps if we have the sense of a goose, we will stand by each other and use our cooperation.**

♥ ~Teacher Debby