

# Tall Pines Tidings

## Dates to Remember



### November

- 1 Tuition due. Late after the 10<sup>th</sup>.
- 5 Board Meeting 6:30 pm at school
- 7 & 8 Leaf Walk in Pioneer Park, Nevada City. Flyer to come.
- 9 *Error on main calendar. Yes, we do have school this day!*
- 12 Monday, Veterans' Day. Yes, also a regular school day!
- 14 SVC/CCPPNS Meeting in Loomis at 6 pm
- 15 **General Meeting 7 pm at school. Topic: Building blocks for a successful child.**
- 21-25 No school –Thanksgiving Holiday and break
- 26 Return to school

**HAPPY THANKSGIVING to you. Thanks for being a part of our Tall Pines Family!**  
 ~Teacher Debby, Teacher Kelsey & Teacher Michelle.

### December

- 1 December dues are due – late after the 10<sup>th</sup>. late fee applies.
- 5 & 6 **"A Tall Pines Christmas": Program starts at 6 pm sharp!** Please bring food to share: hors d'oeuvres or a dessert (Please make enough for about 20 people). Here is the schedule:  
*Mon/Wed classes & the PT I class come Dec 5<sup>th</sup>. 6 pm sharp!*  
*Tues/Thurs classes & the PT II class come Dec 6<sup>th</sup>. 6 pm sharp!*  
 6:00 pm Sing – See attached songs to practice at home!  
 6:15 – 7pm Share hors d'oeuvres and desserts. enjoy visiting with each other.
- 10 Board Meeting 6 pm. location TBD
- 19 & 20 Younger & Older Christmas celebrations in the classroom
- 21 PT I and PT II Christmas celebration in the classroom.
- Dec. 24 – Jan. 4 Christmas Break – no school.
- Jan 7 Back to school

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## Kids are Cooking in November !

- 1 Apple sauce – in-class cooking
- 7 & 8 9:30- 11:30 Leaf Walk in Pioneer Park Nevada City. Pack a lunch & drink  
Look for info in your cubbies soon! A Wonderful Not-To-Be-Missed Experience!
- 14 & 15 Pumpkin Bread
- 16, 19 & 20 Thanksgiving Celebrations in class.
- 28 & 29 Pumpkin Pancakes.



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## President's Message

Hello Friends! I can't believe October is behind us. Movie night was enjoyed by all the kids. Thank you to everyone involved in making that happen. It's cute how excited the kids get about movie night. Now Halloween is over and it was great to see all the adorable costumes as our kids Trick or Treated down Treat Street.

As we step into November one of my favorite months with the colors of the leaves on the trees and the leaves falling, my daughter loves crunching the leaves on the ground, and of course one of my favorite family holidays, Thanksgiving. I wish you all a wonderful Thanksgiving holiday with your family and friends.

A quick reminder on rainy days if you are going to Teacher Debbie's side please don't cut through the grass, mud gets tracked on the carpet. Please take the path through the gates.

Thank you!

Happy Thanksgiving

♥~Sarah

## Business Office

Well, the business office continues to be a busy place ~ you may have noticed a few visitors around, as parents continue to inquire about our school. We still have a few openings in some classes, so be sure to let your friends know what an amazing school we have here!

The State Licensing Board visited us in October for our surprise inspection and we did very well! However, some of your files are still not complete....you know who you are. We have until November 5th to get all of our student files up to date. Please turn in your paperwork ASAP! On a personal note, I can hardly believe that we are already into the 'holiday' months! And, particularly in November, we reflect on all that we are thankful for, and as you guessed it, Tall Pines makes the list every year. We have made so many lifelong friendships (both parents and kids), and have learned so much from the teachers and families here that we will cherish forever. I hope that as your Tall Pines experiences grow that you too will feel this way. Enjoy this special season with your children ~ Happy Thanksgiving!

♥~Your Office Team: Nicole, Nancy and Bill

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## Please check your Raley's Card!

ATTN, Raley's shoppers!! You must sign up for "extra credit" for Tall Pines to receive credit for your purchases

Please sign up for Raley's grocery rebate program if you have not already done so. It's best to sign up on your personal computer at Raleys.com after logging into your "something extra" account.

There is a tab to register for Tall Pines under "extra credit" and search for the Tall Pines name under the 95945 zip code when prompted. Grocery rebates are one of the most effective ways to raise money and keep our tuition low without asking anything from the parents themselves. Come to the business office in the kitchen if you need help registering.

--Thank you!

## General Meeting Nov. 15<sup>th</sup> @ 7 pm

The parent General Meeting is coming up, on November 15<sup>th</sup> at 7 pm at school. This is a mandatory meeting for all of us! At least one parent must attend. Teacher Debbie's special topic will be *Building Blocks for Successful Children*. So prepare your questions so we can have a good discussion.

## From Teacher Michelle

Βοοκς φορ Χοζς Ρεαδινγ Τιμε

Τη Σνοωψ Δαψ by Ezra Jack Keats

Τη Μιττεν by Jan Brett

Ιφ Ψου Τακε Α Μουσε Το Τη Μοωιεσ

By Felicia Bond

Τη Ναππινγ Ηουσε by Audrey Wood

Τη Γιωινγ Τρεε by Shel Silverstein

Τη Πυππυ Ωηο Ωαντεδ Α Βοψ

Φρογγ Γετο Δρεσσεδ by Jonathon London

Μαισψ Μακεσ Γινγερβρεαδ by Lucy Cousins

Ηωο Τη Γρινχη Στολε Χηριστιασ

by Dr. Seuss

Σαντασ Στυχκ

εΤωασ Τη Νιγητ Βεφορε Χηριστιασ

♥ ~Teacher Michelle & Chester Raccoon

## Upcoming Events & Deadlines

*Special on 50th anniversary shirts*

*Adults Men's & Women's \$10.00*

*Youth \$8.00 All sizes available*

*Klean Kanteens Large \$20.00. Small \$15.00*

*Both shirts and Kanteens on display above library.....both in stock*

The months are flying by! Can't believe it's already November. Thanks to everyone who came out for Movie Night. Despite the last minute change of date, all went great and the weather was perfect. The t-shirts arrived in time for our first field trip to the pumpkin patch. The kids looked great sporting Tall Pines T's! If you want to see the difference your support makes through all these sales - look to the new library racks near the office. The library now has a cleaner look, easier access to all books and best of all, it will be much lighter to pack up at the end of the year.

With November upon us, we can't help but think about the Holidays. We know, we know, it's not yet Thanksgiving. But life gets so hectic from here through Christmas that any time we can take care of gifts early, it's a welcome relief.

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The first week in November, Teachers Debby, Michelle and Kelsey will do a special **art project** in class. **We have partnered with Original Artworks** again this year to offer a wide variety of gifts made from your children's artwork. Best of all, you can choose whatever you want for the artwork - it doesn't have to be the class project, but it does need to be on the special paper Original Artworks provides. Packets with product options and ordering forms will go into the cubbies the first week in November as well and be **due by Nov. 15**. The products will arrive just in time for Christmas. If you have any questions or would like more information, talk with Brett Bentley (T/TH 0) or by email at [brettandjude@yahoo.com](mailto:brettandjude@yahoo.com). This is a great program that supports the school and provides great holiday gifts created by your children.

Also, thank you for all your support selling flower bulbs for Tall Pines! We anticipate their arrival in your cubbies sometime before Thanksgiving break. Plant them right away for best results but if you must wait, be sure to store them in a cold dry place such as the fridge or garage. Happy fall planting!

Next month we'll have more information about upcoming Take Out for Tall Pines dates and locations. Hope your families have a Happy Thanksgiving!

♥ ~Carah, Monique and Brett, your Fearless Fundraising Team

Ταλλ Πινες Ωεβσιτε:  
**www.TallPinesNurserySchool.com**  
 Φαχεβουκ:  
**Tall Pines Nursery School &  
 Tall Pines Event Reminder**

## Teacher Kelsey's Recipes

*A couple of Teacher Kelsey's Favorite recipes*

### Roasted Kale Chips

Tear Kale into 3" pieces, with the stems removed

Toss in 1-2 Tbsp of olive oil and kosher salt (to taste)

Bake at 325 for 15-20 minutes (or until crispy)

### Tortellini and Sausage Soup

Cook Sausage and cut into pieces

Sauté 1 chopped onion and garlic in olive oil  
 Add chopped zucchini, tomatoes, peas, corn, bell peppers, salt and pepper to taste

Add 6 cups of chicken stock and the cooked sausage and simmer for 1/2 hour

Add tortellini and cook for 5-10 minutes

Top with grated parmesan cheese

### Martin Family Beer Bread

Preheat oven to 375F

Grease loaf pan

Mix together 2 1/2 cups flour, 2 Tbsp. baking powder, 1 tsp. salt, 1/4 (or less) cup of sugar  
 Mix in 12 oz. good quality beer (pumpkin beer is yummy)

Pour batter in pan and pour 1/4 melted butter over top

Bake 1 Hour

Enjoy!!!!

♥ ~Teacher Kelsey



Science Project.

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## New & Improved Flubber Recipe

1. Mix 2 cups water and 1 ½ cups Elmers glue in a big bowl.
2. Add a squirt of liquid water color.
3. In a small separate bowl mix: 2 cups water & 4 Tbsp. Borax.
4. Once completely dissolved, pour the Borax mixture slowly and a little at a time into the glue and water mixture. Pour a little, mix, pour a little, mix with your hands or a wooden spoon. It will become a flubber ball!  
NOTE: You might not need all the Borax mixture.
5. Store in airtight container for a few weeks. If it flicks apart or gets hard, it's time to make a new one. Play, experiment with it, blow a bubble with a straw. Stretch it!
6. Vinegar gets it out of clothes, fabric, carpet. Mayo our of hair!



## Did You Know? IMPORTANT !!

- ♥ We are now able to park on rainy days by the school. These are the rules:
  - No speeding! 5 mph PLEASE/Extra slow.
  - Do NOT park on the GRASS, pavement only.
  - Not on nice days. If you are staff, with laundry, garbage or supplies you must have a Tall Pines pass in your windshield. The Fairgrounds will take this privilege away if we abuse it.
- ♥ If you walk on mud or wet grass, it comes into the classroom! Please use the paths and gate these next few months. Let's keep the dirt out of the carpets the children play on.
- ♥ California State Licensing visited Tall Pines Oct. 22. The evaluator is giving **parents who have not completed parent/child physicals, T.B. test or paperwork 14 days to comply or the school will be fined \$100 a day** & you may not work in class. You must pay or find someone to work for you. **Deadline is Nov. 5<sup>th</sup>**. Thank you for your immediate cooperation.
- ♥ If you don't show up on your work day, we can fine you (we don't like to). On Oct. 22 another parent stayed for one who didn't show up-- it happened to be State Licensing day. We would have been in violation without this parent. Another fine or CLOSE the school. Your presence is crucial, as the State requires a

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specific number of assistants with the teacher. We hope you acknowledge the seriousness of your commitments to the school.

*Kim:* "I like my Jessie Doll. I'm thankful for Sleeping Beauty, Cinderella and I love my brother, Mommy and Daddy."

♥ Listen to KNCO Radio 830AM or KNCO.com for school closures due to weather, snow. If Grass Valley School District cancels, we do too. Be ready if your electrical goes out: landline, cell phone, computers (in case of an emergency)

♥ ~Teacher Debby



## Practice your Christmas songs!

Rudolph the Red Nosed Reindeer

We Wish You a Merry Christmas

The Snowman

Once there was a snowman,  
a snowman, a snowman.  
Once there was a snowman,  
tall, tall, tall.

In the sun he melted, he melted, he melted.  
In the sun he melted, small, small, small.

The Little Christmas Tree

One little Christmas Tree, standing all alone.  
His heart was very sad, he didn't have a home.  
Then CHOP went the axe, & down went the tree,  
and away he went, with the happy family!

May There Always be Sunshine

May there always be sunshine.  
May there always be blue skies.  
May there always be (Mommies).  
May there always be me.

*\*Repeat: insert Daddies, Families, Friends*

Jingle Bells

Jingle bells, jingle bells, jingle all the way!  
Oh, what fun it is to ride

## What Children are Thankful for...

♥ *Some of the thankful thoughts shared by Teacher Debby's Friday class:*

*Julia K.:* "I'm thankful for my family. They help me and love me."

*Porter:* "I'm thankful for friendships and the food when we sit down together."

*Christopher:* "I'm thankful for when Daddy gives me something. Tractors or something. I'm thankful for my Mommy and Daddy. I also like homework with my Daddy."

*Annabelle:* "My Mommy and Daddy. My doggie Riggs. My Granny and Papa. I'm going to help with the turkey."

*Roka:* "I'm thankful that my Mommy lets me have a kitty cat "LA LUNA". I'm thankful for getting to go to Tall Pines."

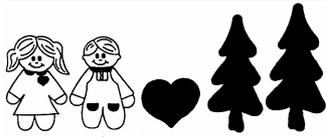
*Cooper:* "I'm thankful for Kimmy."

*Gianna:* "I'm thankful for my Mommy, Daddy and sister, and having fun with my friends."

*Whitney:* "I'm thankful for my sister's birthday, my Mommy & Daddy and my brother & sister."

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in a one horse open sleigh. HEY!  
Jingle bells, jingle bells, jingle all the way!  
Oh, what fun it is to ride  
in a one horse open sleigh. HEY!  
Dashing through the snow,  
in a one horse open sleigh,  
over the fields we go, laughing all the way!  
Bells on bob-tail ring, making spirits bright.  
What fun it is to ride and sing  
a sleighing song tonight!  
OHHH. . .



# Teacher Debby's Parent Page

## "The Ways of Play"

Let's talk about self-regulation for children: a critical skill for young children. Unfortunately today children spend too much time watching TV and playing screen games. Neither one of these activities promotes self-regulation in a child. I have parents tell me about "attention span". "Oh, yes, they can be on the computer for 2 hours or more playing games." This is not attention span or self-regulation. The part of the brain that is used is called "clutter brain", with no imagination or learning or self-regulation. It's not so much the content; it's the flicker of the screen. Research has found that too much time in front of screens can delay brain development instead of aiding in its growth.

Next, the word "PLAY". How do you define it? Maybe it's interacting with a toy, or a game where imagination is used. When I was a child, we were pirates, princesses and heroes. We spent time doing our annual events, bike rodeos, baseball, kickball, all in the field behind our house. Great memories! I grew up at Donner Lake, making rafts, forts and igloos. We made our rules and followed them. It worked because PLAY was so important that COOPERATION became the success of the day.

The importance of self-regulation is connected to so many growth gradients. Make-believe is a very powerful tool for building self-discipline. In make-believe, children engage in what's called "private speech". They talk to themselves about what they are going to do and how they are going to do it. In a preschooler's private speech I have found the highest, purest kind of make-believe play.

Unfortunately, the more structured the play, the more private speech declines. In today's child, play is very focused on structure, lessons, coaching, winning. In imaginative play children get a chance to "police" themselves, figure out self-regulation and problem solving.

Society has become fixated on "quicker is better". "Children need to read". Yes, they do, but "WHEN" is

the big question. If we spend all the building block years focused on learning to read at 3, 4, 5 yrs, we miss a whole lot of young development that is so needed for success in learning throughout life.

Early reading does not mean that a child has a greater advantage. Research shows that by the 3<sup>rd</sup> grade you cannot tell who was the early/late reader. It has to do with brain development. More and more the value of play is being lost. Test scores are still not going up. The natural rhythm of children is not being recognized and honored. I had a Kindergarten teacher tell me, "Children at 5 can do it!" But my question to her was, "At what cost?" I had a conversation with two high school science teachers, about why our children are turning OFF and turning OUT. There is a 37% dropout rate in high school in the U.S. They said there is a "disconnect and no self-regulation anymore". Coping, problem solving has become less evident. A really big dysfunction is in "respect" for themselves, for the things around them, and for other people. We are building a generation of maybe workers, but not thinkers and problem solvers. That was a very powerful conversation.

There seems to be a rush to give every advantage to children-- to protect them, to stimulate them, to enrich them. But our culture has compromised one of the activities that help all children, especially young children in their growth: "PLAY".

I am so elated that you have chosen Tall Pines because our belief is in the natural rhythm of children and their play. Let's remember where REAL learning begins, and aids in brain development. Through play, they learn the foundations of learning and the building blocks for success. When you look at real play, know that there is so much more than meets the eye. Don't be afraid to let your child REALLY be a child. Enjoy them. They are little only one time. Time goes so quickly. Cherish childhood.

♥ ~Teacher Debby