

Tall Pines Tidings

(530) 273-4638

February 2019

tallpinesnurseryschool.com

A Letter From the Director

Welcome back to school my friends!! I had a wonderful winter break spending quality time with my family. I was reminded why I love living in Nevada County as we explored numerous hikes, had a couple snow days, and in general relaxed.

The kids remerged into the classroom as bigger, more confident and happy children. Occasionally, we hit a few bumps in the road this time of the year as some children may experience separation anxiety again or for the first time. This is normal and all part of the process. We use these challenging moments to teach the kiddos how to be strong and confident even if feeling nervous or scared. I am always amazed at the growth that takes place after our time away. The emotional, social, and physical development is astounding and so bittersweet for me. Most of the kiddos in my class will be moving onto kindergarten next year and this time goes by so fast.

I would also like to remind families how important it is to be flexible this time of year. With students and siblings battling the seasonal colds and flus we are in need of everyone's cooperation to cover shifts for each other. I appreciate the time and love you share with your own children and all of their classmates. Blessings all around.

Teacher Kelsey

Weather Reminders

- Sometimes we have **snow days**. Please check **KNCO.com** for school cancellation info.
- When it **rains** you can drive in and park by the school. Go through Gate 5 no faster than 5 mph at ALL times. Do NOT park on the grass and please stay on the asphalt when going around the campground.



Valentine's Cards Suggestions & Tips

- Homemade cards are great! Keep it simple and have your child do a few at a time.
- No candy please (we will be having treats at the party)
- No need to put classmates name on the valentine. Instead have them put their own signature. Some children may need help with this part.
- You can use stamps and stickers in place of your child writing their name
- Please check class lists or ask teacher how many to make

Some ideas:

- Cut out heart shapes and glue them on doilies
- Cut out hearts from painted paper or class art
- Use your imagination or go online
- Keep it fun and simple

School Calendar

Reminders

- ✓ February is Double Tuition Month
- ✓ Valentine's Day Celebrations Start 2/8
- ✓ Parent Teacher Conferences Start 2/27,
Sign Up at School, No School Those Days



February 2019

- 1 Gold Country Gymnastics Fieldtrip
PT Classes - 9:00-10:30 ~ \$7 per child
- 1 Dues Due – Double Tuition Month
*May's Dues are also due
- 8 PT Classes Valentine's Celebrations
- 11 Board Meeting, 6:30pm at Tall Pines
- 13, 14 MW & TTH Valentine's Celebrations
- 15, 18 No School, President's Holiday
- 27 MW Classes Parent-Teacher Conferences
See schedule by sign-in sheets
*No school on these days
- 28 TTH Classes Parent-Teacher Conferences
See schedule by sign-in sheets
*No school on these days



March 2019

- 1 Dues Due
- 2 Special Person's Day for Younger &
Older Classes
*Look for flyer in cubby
- 11 Board Meeting, 6:30pm at Tall Pines
- 21 General Meeting, 7:00pm at Tall Pines, Speaker TBD
- TBD School Pictures



From The Office



Reminders From Nicole

Hello Tall Pines Families! While it may only be February, we are already looking ahead to next school year. That's right, registration for the 2019-2020 school year will coincide with Parent-Teacher conferences February 27th and 28th. You can help us prepare for registration by filling out the blue "**Child Placement Intent**" form, and returning them by Friday, February 8th. These forms help give us a snapshot of what class sizes and schedules may look like for next year. Please keep in mind that this is NOT a registration form, and you can always change your class preference! Also, as current membership, you do receive priority for fall registration ~ we will open it up to the general public by mid-March ~ so let your friends know!

One more reminder ~ February marks our double tuition month. Please don't forget to include May's tuition with your February payment. Many of you have been adding a little each month, or have paid in advance, so if you have any questions concerning your balance, please check with the business office. If this double payment causes any financial difficulty, please stop by and we can set up a payment plan that works for you. Thank you!

Once again, here is a reminder for this year's tuition amounts:

- Parent Toddler ~ \$55/month
- 2 day/week ~ \$132/month
- 3 day/week ~ \$198/month

As always, thank you for all you do for Tall Pines! We have such a wonderful school because of our AMAZING families and teachers!!

Nicole~



amazonsmile
You Shop. **Amazon Gives.**

Tall Pines is registered with smile.amazon.com to help with fundraising. When buying at Amazon, use our smile link and a half percent of your total purchase will go to the school. The prices are the same if you use it or not, so it's an easy way to help out.

From The Fundraisers



Thanks to everyone for all the **coffee and wine orders!** We hope everyone had a chance to enjoy them over the break.

T-Shirts have been distributed to cubbies, so check your child's cubby if you have not received your order. We ordered extra t-shirts and sweatshirts this time, so if you would like to purchase one (kids and adults!) they are available. We have some set out on the table by Nicole's office.

Our next fundraiser is the **Valentine's Eve Date Night**, happening **WEDNESDAY** February 13th from 5-8pm. Please sign up and prepay by February 11th. The sign ups for that are on the easel by Nicole's office. Due to staffing needs there is a 48 hour cancellation policy.

Thanks again for all your support, we couldn't be the great school we are with out your involvement!



Family Festival

For this year's Spring Family Festival, we need:

- Raffle Prize Donations
 - More Games (homemade or bought)
- Please contact Kelsey or Fundraising & Festival Team with questions!



Pizza Booth Sign Ups



Hi All! Just a quick reminder that at our next General Meeting, we will be doing our sign-ups for the 2019 Nevada County Fair-Tall Pines Pizza Booth. All families are required to work (2) 3 hour shifts or (1) double shift. PT families are required to work (1) 3 hour shift. Here is a list of the work stations that will be available.

Supervisor: Oversee and direct parent workers. Step in and fill jobs that need to be done. Check in with the Round Table workers to see if they need anything. Communicate with the drivers. Might need to work the register from time to time.

Cash Reg. 1&2: Greet customers and be friendly. Call out orders to pizza and beverage runners. Track and make sure your orders go out when we have rushes. Running your cash register (Mandatory training on Tuesday, August 8th at 2pm in the booth).

Beverage: Listen for beverage orders and place the drinks at the correct window. Drying off bottles and restocking as needed.

Pizza Server: Listen for pizza orders and place the pizzas at the correct window. (Cashiers cannot touch the food). Follow the whole pizza orders and make sure they get to their customer. Communicate with the Round Table workers. SWS/Helper

SWS: Cleans up outside, cleans dishes as needed and takes direction from the Supervisor.

Drivers: Pick up pizza materials at Round Table and drive them to the Fairgrounds. On call for the remainder of our shift. (Specifics will be communicated closer to the event).

Any questions, please call Brittney Armacher (530) 575-5647

Thank You!!!

A big THANK YOU to all families who work in the Pizza Booth! It is so important for our school!! And remember, support our friends at GV Round Table!

In The Classroom



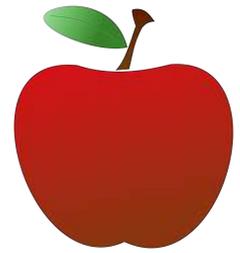
Dad, Jared, helping MW-Y kids build the tallest marble run! He used all the parts in the box for this one!

Dads and moms are what make this co-op school experience so special. Never forget the impact you are having on not just your own child but all of our children when you volunteer to work. My son talked about Jared's marble run and how he helped build it all week long.

Thanks to all our parents for giving of your time and patience!

Monique Derenia
MW-Y Class Rep

From The Teachers



Parent Reminders

- Place a spare change of clothes in your child's cubby. Winter clothes that fit, please.
- Practice good hand washing habits and hands out of mouth, eyes, and nose at home.
- "Yuck bucket" at school in each classroom to be used for any toys needing sanitization.
- If you're uncertain about your child's illness to attend school, please call us.
- Snack parent s, take your leftover snack and containers home at the end of the day.
- Helping parents/"stayers" may help yourself to water, coffee, or tea and please wash you mugs afterwards.
- When vacuuming, clean corners and beneath objects. Empty all wastebaskets each day.
- At clean-up, place paint cups in art caddy. Wash brushes. Wash lids and replace onto paint cups. Wash paint cups and replace bag if hole or paint is no longer one color. Wash all clean on Fridays or if you are the last class for the week. Check with teachers on project clean-up. Wash and dry supplies in the art room.
- Drive 5 mph when inside the fairgrounds or in any parking lots with small children present.

Happy, healthy, and safe new year to all our families!

Teachers Michelle, Courtney, and Kelsey



Harvest of the Month



Network for a Healthy California

Harvest of the Month is sponsored by



7100 students in Western Nevada County will sample Cilantro this month through Sierra Harvest's Farm to School Program!



Healthy Serving Tips:

- Make fresh salsa with chopped tomatoes (or mangos in winter), cilantro, onion, jalapeno or dash chili powder, lime juice and salt
- Serve in salads, with Mexican food, or in fresh spring rolls

Cilantro

Located on 9 acres of rolling hills in Browns Valley, Higareda Family Farm grows seasonal vegetables and citrus year round, and raises Animal Welfare Approved (AWA) eggs. The multigenerational family farm includes Sandra and Paco Higareda, their children and grandchildren and Paco's father. The Higaredas began farming on their land in 2012, and now have 3 acres in production, and are CCOF-certified organic. They have vegetable fields and pasture for their chickens. Sandra believes that chickens deserve the highest-welfare practices. "I try to work to make their environment as natural as possible. In return for the products they give us, we try to give them the best life possible!" Their seasonal produce and delicious eggs can be found at Briar Patch Food Co-op. Watch the video: <https://www.youtube.com/watch?v=W1axZbpERJc&t=2s>

Cilantro Pesto

Recipe by Shauna Shultz
Serves 8, Preparation time: 5 minutes

2 small or 1 large bunch cilantro, washed, very bottom of stems trimmed
¼ cup water
Juice of one lime
½ cup pumpkin seeds (or any nut or seed of your choice)
2 garlic cloves
Pinch of salt and black pepper
¼ cup olive oil or any nut based oil

Combine cilantro, water, lime juice, pepitas, garlic, salt, pepper and oil in a food processor. Process until smooth. *Per Serving: 110 calories, 3g protein, 2g carbohydrate, 11g fat (1.5g saturated), 0 mg cholesterol, 52 mg sodium, 0.5g fiber*



If your student is eligible for free/reduced school meals, you likely qualify for CalFresh, which can help you afford healthy and nutritious food:

C4Yourself.com

